

WORDSPROUTS: CARINA FINN

September 16, 2025



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By Susan Horwich

Please join us for the sixth installment of our newly revived WordSprouts program in partnership with the Old Stone House.

WordSprouts is a long-running PSFC author series, where Coop authors share thoughts about their works and process. To get updates about WordSprouts events, check the *Linewaiters' Gazette* or sign up for the WordSprouts mailing list at psfcword-sprouts@gmail.com.

Our next event:

Speaker: Carina Finn (PSFC member)

Literary Genre: Fantasy



PHOTO BY THEIK SMITH

When: Wednesday, September 24, 2025 — doors open at 6:45 p.m., event begins at 7:00 p.m.

Where: Old Stone House, 336 3rd Street, Brooklyn, NY 11215

RSVP: <https://www.eventbrite.com/e/wordsprouts-the-park-slope-food-coop-reading-series-tickets-1413975582029?aff=oddtcreator>

Carina will read aloud from her newly published book, *Feast and Famine: The Last Great Heir* (Sourcebooks, 2025). *Feast and Famine* is a middle-grade fantasy series targeted toward ages 9-13 but designed to be enjoyed by readers of all ages!

In the first two chapters of *Feast and Famine: The Last Great Heir*, which is set in a magical kingdom, the reader is introduced to Rue and then Merri—two 12-year-old girls who are faced with challenges that a reader of any age, gender or culture can relate to.

CARINA FINN

New York Times Bestseller

FEAST AND FAMINE

THE LAST
GREAT HEIR



In the book, Carina includes a recipe for Fauret Patisserie's Famous Cream Puffs, which will be the "highlight" snack served at the WordSprouts event.

In her Acknowledgements, Carina concludes with an encouraging note to the reader: "And finally, thank you, reader. I hope you've had fun ramping around with Merri and Rue, but most of all, I hope it made you want to invent your own world to wander."

New York Times bestselling author of
The Last Great Heir

CARINA FINN

FEAST AND FAMINE

THE
UNBREAKABLE
CROWN



Carina Finn is a food-obsessed writer, editor and content creator. Her debut middle-grade novel, *Feast and Famine: The Last Great Heir*, became an instant *New York Times* bestseller. She has written for numerous publications, including *Bon Appétit*, *Epicurious*, *Food Network Magazine*, *Eater*, *Bustle* and others. She splits her time between Brooklyn and upstate New York and loves sharing her adventures in cooking, eating and writing on social media. Find her everywhere on the internet at @sheneedsasnack. Carina is most active on Instagram, TikTok, and Substack.

Carina's favorite Coop snack is Kona Cashews! Carina said about her favorite Coop shift: "I love working checkout because it's fascinating to see how other people shop, and I always discover new things I didn't know we sold."

Carina's presentation will be followed by questions from the audience and drinks and snacks courtesy of the Coop (don't miss Fauret Patisserie's Famous Cream Puffs!). Carina will be available to sign copies of *Feast and Famine: The Last Great Heir*, and she will bring some copies to sell. The book is available at Barnes & Noble, Amazon, as well as other booksellers. The second book in the series, *Feast and Famine: The Unbreakable Crown* can be pre-ordered (2/3/26 release date) at Barnes & Noble and Amazon.

WordSprouts Mission Statement: to showcase local writers who are members of the Coop and cultivate friendships between Coop members and our larger community.

WordSprouts' Committee includes committee leader Sarah Schenck and committee members Susan Horwich and Ruthie Nachmany.