

FILM NIGHT: ELAINE STRITCH: SHOOT ME (2013)

April 22, 2025



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At 87 years old, Elaine Stritch is taking her show on the road one last time. This uncompromising Tony and Emmy Award winner, playing cities across the U.S., is captured both on and off stage in this compelling chronicle of a true legend. Along the way, Stritch tells stories about her many Broadway roles (like *Mame*), shares secrets about her leading men and is brutally honest about aging. With interviews from Tina Fey, Nathan Lane, Hal Prince and others, director Chiemi Karasawa blends rare archival footage and intimate cinema verité to reach beyond Stritch's brassy exterior to reveal a dimensional portrait of a complex woman and an inspiring artist. Shot over the course of a year, *Elaine Stritch: Shoot Me* gives viewers a backstage pass to hilarious

moments with this brash diva. With incredible access, Karasawa also captures the harsh realities of going on tour at 87. It is a poignant and delightful work.

FEATURING

ALEC
BALDWIN

TINA
FEY

JAMES
GANDOLFINI

CHERRY
JONES

NATHAN
LANE

HAROLD
PRINCE

JOHN
TURTURRO

AND
GEORGE C.
WOLFE



*"Inspiring and
entertaining.
A glorious portrait and
A DEEPLY
FUNNY
DELIGHT!"*

ELAINE STRICTH SHOOT ME

A FILM BY CHIEMI KARASAWA

SMART BROAD FILMS PRESENTS AN ISOTOPE FILMS PRODUCTION IN ASSOCIATION WITH PROVIDENCE PRODUCTIONS
"ELAINE STRITCH: SHOOT ME" A FILM BY CHIEMI KARASAWA MUSIC CONSULTANT JOE RUDGE MUSIC SUPERVISOR KYLE MCKEYEN COSTUME DESIGNER KRISTOPHER BOWERS
EXECUTIVE PRODUCERS ERIC STOLZ PRODUCED BY RIVERSTON ROSS, PAX WASSERMAN, CHLOE WASSERMAN BY SHANE SOULER, JOSH WINSTEN, ROD LAMBORN
ADDITIONAL PRODUCERS GINALOJA LOWRY, HOURI GEUDELEKIAN, PIET SINHUCHUA EXECUTIVE PRODUCERS ALEC BALDWIN, CHERRY WISENFELD
PRODUCED BY CHIEMI KARASAWA, ELIZABETH HEIMBERG DORGER DIRECTED BY CHIEMI KARASAWA *sundance*
441775

Cinematographer Joshua Z Weinstein directed the feature film *Menashe*, which was released by A24 and nominated for a Gotham Award for “Breakthrough Director” as well as an Independent Spirit Award for “Best First Feature.” He has also directed the documentaries *Drivers Wanted*, *Flying On Engine* and *I Beat Mike Tyson*. As a cinematographer he has lensed *Sell/Buy/Date*, *Elaine Stritch: Shoot Me* and *Bikini Moon*. Born in New York City, Joshua has been a Coop member on and off since 2008.

This film will be screened by Zoom on **Thursday, May 1, at 7pm**. Cinematographer Joshua Z Weinstein will be present for a Q&A after the screening.

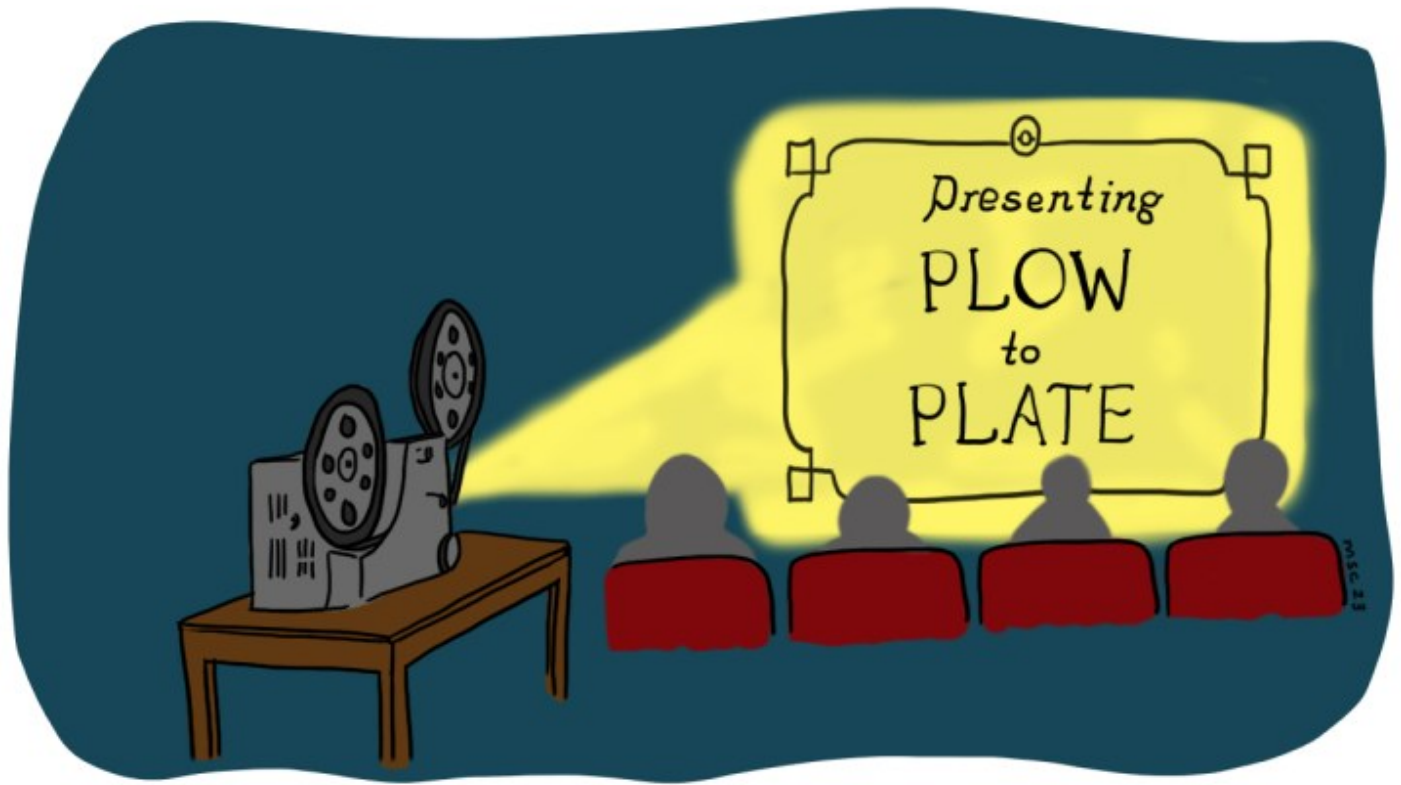
Join Zoom Meeting: <https://us02web.zoom.us/j/86838083289>

Meeting ID: 868 3808 3289

*To be added to our email list serve for future screening announcements, please send a request to jlymiller@me.com.

PLOW TO PLATE PRESENTS: LET THEM EAT DIRT: THE HUNT FOR OUR KIDS' MISSING MICROBES

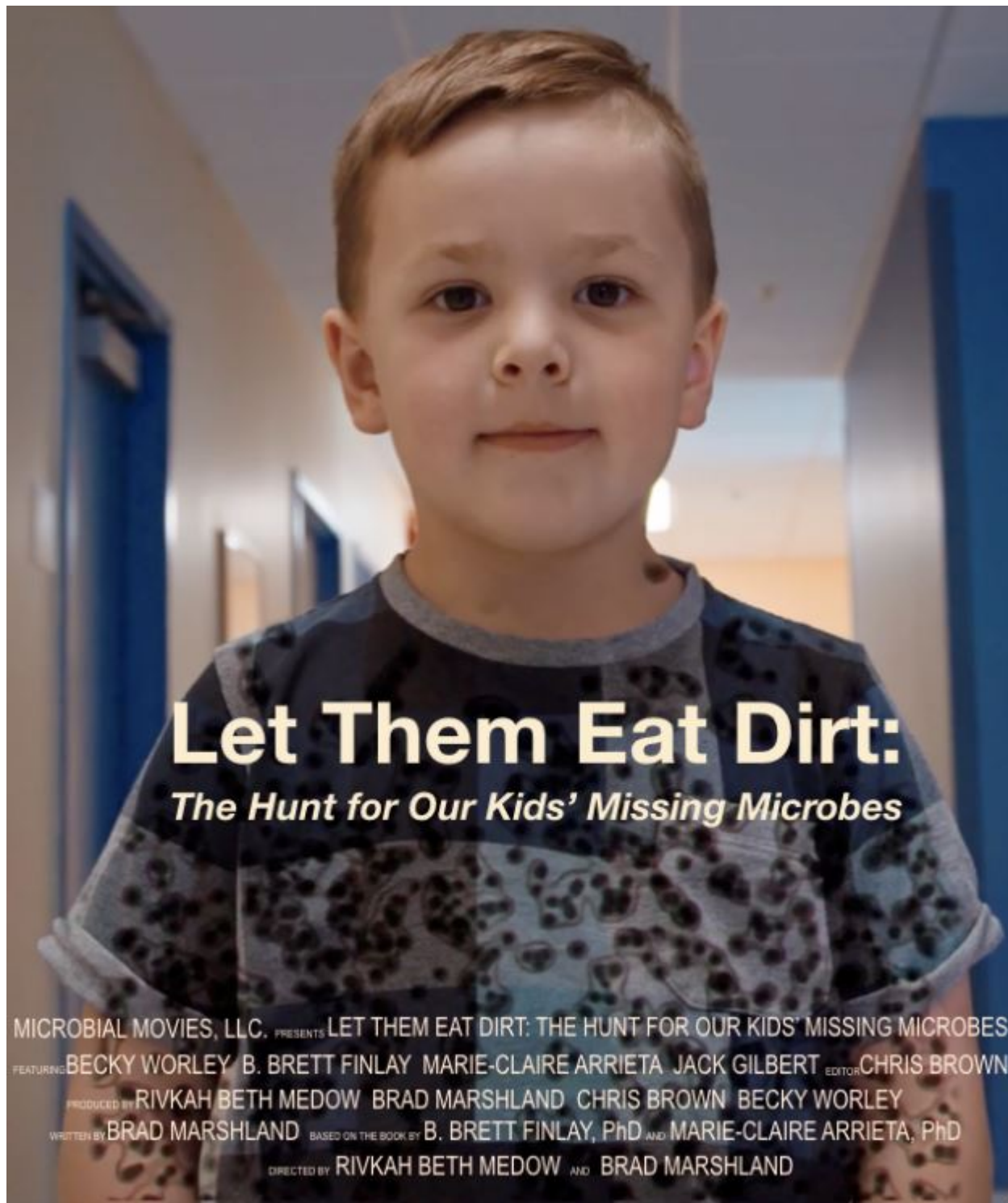
April 22, 2025



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By Adam Rabiner

Bacteria are everywhere and have been here long before we were. They built this world; we are reliant on them. They outnumber the stars in the galaxy and the cells in our body. The microbiome, numbering 35-40 trillion bacteria cells, mostly in our intestines, emit chemicals and fight pathogens. They are referred to as “another organ,” and are now recognized as beneficial, boosting the immune system and warding off autoimmune diseases such as food allergies, diabetes, intestinal disorders and infections. Thousands of beneficial and symbiotic species of bacteria, protozoa, viruses and fungi help with digestion, processing vitamin K, brain development, blood coagulation and other bodily functions. While humans are genetically 99 percent alike based on our DNA, the individual makeup of our microbiomes sets us apart and makes us unique.



Although only a small handful of microbes are pathogens responsible for disease, there remains a lingering prejudice against germs. *Let Them Eat Dirt* argues that in attempting to vanquish the harmful bugs, we have also eliminated many beneficial ones. As a result, our grandparents had better microbiomes than we do. The film lays out in a systemic way the suspected causes of our weakened microbiomes and suggests ways to reverse the harm.

The first and most important suspect is the American lifestyle of cleanliness and hygiene. The American preoccupation with hand sanitizers, antimicrobial cleaning products, air purifiers and other products has left us over-sensitized compared to much of the rest of the world. The film contrasts us with Ecuadorian kids who walk around barefoot, exposed to animals like goats, cows, pigs and chickens. These children are less susceptible to diarrhea, even though they're exposed to intestinal parasites. They are largely healthy despite their income disadvantages. Similarly, children who grow up on American farms have less asthma than those who live in the cities because their microbiomes are more likely to have four specific beneficial bacteria, according to the view of some experts.

Another suspect is C-sections. These procedures bypass the largest transfer of vaginal and fecal microbes from mother to child in the crucial first hundred days. Studies have shown that children born by C-section are at greater risk for obesity, allergies and asthma. A third suspect is the overuse of antibiotics. These powerful drugs can damage the human immune system because they kill the good with the bad. Eighty percent of antibiotics are fed to livestock, and they are overprescribed, with one study finding that 30–50 percent of all prescriptions are inappropriate.

A fourth culprit is diet. Breastfeeding is of great value in building up babies' microbes. Whether the complex molecules in breast milk or the physical act of suckling on the nipple, this is the baby's "first vaccine" and "natural antibiotic." One mom encourages her young children to eat vegetables by telling them, "You have a zoo in you," and you must feed it.

Once most of the suspects are identified, *Let Them Eat Dirt* offers solutions. It does not actually encourage dirt eating but does discourage germophobic tendencies. Wash your hands after handling raw chicken, but don't stress over the five-second rule if you drop something on the floor. Get your good microbes from fermented foods, not from unregulated probiotic pills.

One promising scientifically tested and validated solution is next-generation probiotic-

s. Scientists are developing futuristic medicines that will manipulate the microbiome to rebalance ecosystems and target specific pathogens in the hope of eliminating antibiotics.

Advanced fecal transplant is a procedure dating back thousands of years to restore microbial health to the colon. Another promising procedure undergoing trial pilot studies is vaginal seeding—swabbing a C-section baby with vaginal fluids.

The film encourages viewers to use antibiotics wisely, elect to have a C-section only if medically necessary, breastfeed, urge their kids to follow a healthy diet and let their children play in the dirt. In our overreaction to dreaded diseases of the past, we have gone too far. We should not be scared if our kids play outside and get dirty. We should embrace that love of life, the skin-to-skin contact, human touch, breathing the air. It is both healthy and liberating.

Let Them Eat Dirt Tuesday, May 13th, 2025 @ 7:00 p.m.

Screening link: <https://plowtoplatefilms.weebly.com/upcoming-events.html>

To be added to our mailing list for future screening announcements, please email a request to plowtoplate@gmail.com.

Adam Rabiner lives in Ditmas Park with his wife, Dina, and child, Ana.

MEMBER SUBMISSION: VOTING ON HYBRID GMS

April 22, 2025



April 22, 2025

By CJ Glackin and Morgan Vö

We submitted the following article on March 31 to re-introduce our proposal to make General Meetings hybrid ahead of an April 29 vote, to be held at City Tech College's theater space. But on April 11, we were unexpectedly notified that City Tech had cancelled the rental. The GM then moved back to the regular venue of the Picnic House, and the vote was removed from the agenda.

This proposal has been in limbo since it was submitted in December 2023, but we remain committed to seeing it through, and urge the General Coordinators to facilitate bringing it to the membership for a vote. Members want to vote on this proposal—the GCs need to find a way to let their voices be heard.

Below is our original article, written before the cancellation. We believe that it is important to publish it for the historical record:

As Coop members committed to the PSFC's mission to "maximize participation at every level," we're excited to present our proposal to allow in-person and online participation in the Coop's General Meetings (GMs) at the upcoming April 29 meeting.

Currently, GMs are held in-person at the Prospect Park Picnic House on the last Tuesday night of each month. This presents barriers for many: immunocompromised folks who avoid large, multi-hour gatherings; parents/caregivers who can't leave loved ones for a night; people living far from the area; people for whom mobility issues make evening travel a burden. Accessibility issues may be ongoing or temporary. If you're home with a cold, you should still get to participate in the Coop's policymaking.

Members who contribute labor deserve accessible ways to participate in the Coop's governance. Online attendance is a commonsense step toward better facilitating access for all.

What's in our proposal?

The text of our proposal is as follows:

"Proposal to make all General Meetings hybrid—both in-person and online—through amending the PSFC Bylaws, Article VI, Sections 2 and 4, by appending the following: 'Presence and gathering at meetings shall be by physical presence and by virtual presence consistent with New York Business Corporation Law Section 708(c). Meetings may be entirely virtual if a physical gathering is not feasible.' The Coop will begin holding hybrid General Meetings within three months of this proposal's passing. The proposal's sponsors will finalize protocols for hybrid General Meetings, in cooperation with the Chair Committee, the GM squad, and PSFC staff. This proposal may require the GM squad to create additional work slots to facilitate hybrid meetings."

During our September 2024 presentation, we heard questions and concerns that deserve to be thoughtfully addressed. We also heard plenty of enthusiasm, including from the Chair Committee and from fellow members, who offered different ideas around how hybrid could work, and how issues might be solved. To ensure the best experience possible for a hybrid model, our proposal now includes the three-month period defined above, in which we will work with the Chair Committee, the GM squad, and PSFC staff to optimize hybrid protocols for our Coop's unique context.

Imagining a Hybrid GM

Here, you will find our full proposal, including recommendations for what we think a good hybrid GM looks like, developed in collaboration with a Chair Committee member and two members who approached us after our initial presentation, all of whom have professional expertise in producing hybrid events and meetings.

We stop short of including these recommendations in our proposal. We believe it is in the long term interest of the Coop that this proposal not prescribe how hybrid GMs work. New technologies and practices will arise, and it shouldn't take another proposal to utilize them in our GMs. The "Guide to the General and Annual Meetings" is already set up this way: it doesn't say that we need a projector or a PA system, but we use those technologies because they improve the effectiveness of our meetings.

We believe our recommendations demonstrate that hybrid GMs are achievable for our purposes here at the Coop. Hybrid GMs would provide a significant step towards maximizing participation in our collective decision making. We hope that you, too, want to see a more participatory PSFC, and we look forward to seeing you at the April 29th GM, at City Tech College.

JOIN THE COMPOST COMMITTEE

April 22, 2025



April 22, 2025

The Compost Committee is looking for several members who want to be part of this amazing squad that processes and composts eight tons of food scraps from the Coop annually at nine sites around Brooklyn. If you would like to get physical with fruit and vegetable scraps, work outdoors in beautiful gardens, and get your hands dirty, then look into the Compost Committee. (Disclaimer: Okay, it's not always beautiful—because it is physical, outdoor work it can at times be cold, snowy or rainy—but it is always invigorating and satisfying!)

If you are reliable and can commit to a regular but flexible shift (regular day, flexible time), contact psfccompost@gmail.com.

The following shifts are available:

HAULING:

2 slots available for a very odd duck job (single person slots):

Every third Saturday, haul one brown bin of food scraps from CHIPS to GreenSpace on 4th Ave (GS4) between Union and Sackett. CHIPS is a soup kitchen across the street. Specifics: pick up a brown bin full of organic scraps, roll it across the street to GS4. Chop up the scraps and shovel them into a compost bin. Add wood shavings, mix and turn the material in the bin. This shift takes about 1 hour and 15 minutes. You will be doing this shift twice in the 6-week work cycle. No vehicle needed.

9 slots available for hauling buckets of food scraps to local gardens (preferably two person teams but solo works as well):

Haul buckets of food scraps from the Coop to designated sites around Brooklyn (some sites are walkable, some will need a vehicle). You will haul on your designated day, but when you work on that day is entirely up to you. Specifics: Pick up 6-12 buckets of food scraps from the Coop and haul them to your designated garden. Chop and mix scraps with wood shavings and put into compost bins. Rinse out buckets and return them to the Coop. Make sure bucket area in the back of the Coop is in good shape. Teams haul six buckets per person. Six-week cycle.

BROWNS Delivery:

2 slots available for delivering wood shavings to various gardens (one or two person teams).

The gardens cannot compost the vegetable scraps without a carbon source. This comes in the form of wood chips gathered from Greenwood Cemetery or wood shavings gathered from various wood shops around Brooklyn. Specifics: Gather bags of

wood shavings from various sites around Brooklyn (Industry City, Brooklyn Army Terminal, and other sites) and deliver them to various gardens as needed. This is generally once or twice per 6-week cycle depending on team size, availability of wood shavings and need of the gardens. These shifts offer a lot of flexibility—you are assigned a week and can work anytime during that week. Vehicle needed.

TURNERS:

1 or 2 Slots available for one or two person teams.

Specifics: Follow the directions given at your assigned garden. Usually emptying one or two compost bins, aerating other bins and preparing emptied bins for receiving new buckets of food scraps. 6-week cycle. No vehicle needed.