WORDSPROUTS: DAVID FORBES

May 5, 2026

BROKEN LAND DREAMS

DAVID FORBES



By Susan Horwich

Come join us for our next WordSprouts event in partnership with the Old Stone House, featuring novelist David Forbes, Ph.D., Associate Professor Emeritus in the Urban Education Doctoral Program, CUNY Graduate Center.

David will read from his newly published novel, *Broken Land Dreams* (Brooklyn Codgers-Amazon KDP, January 19, 2026). Following the reading, David will be in discussion with attendees and be available for Q&A.

WordSprouts is a long-running PSFC author series featuring Coop authors sharing their work and their creative process.

OUR NEXT EVENT

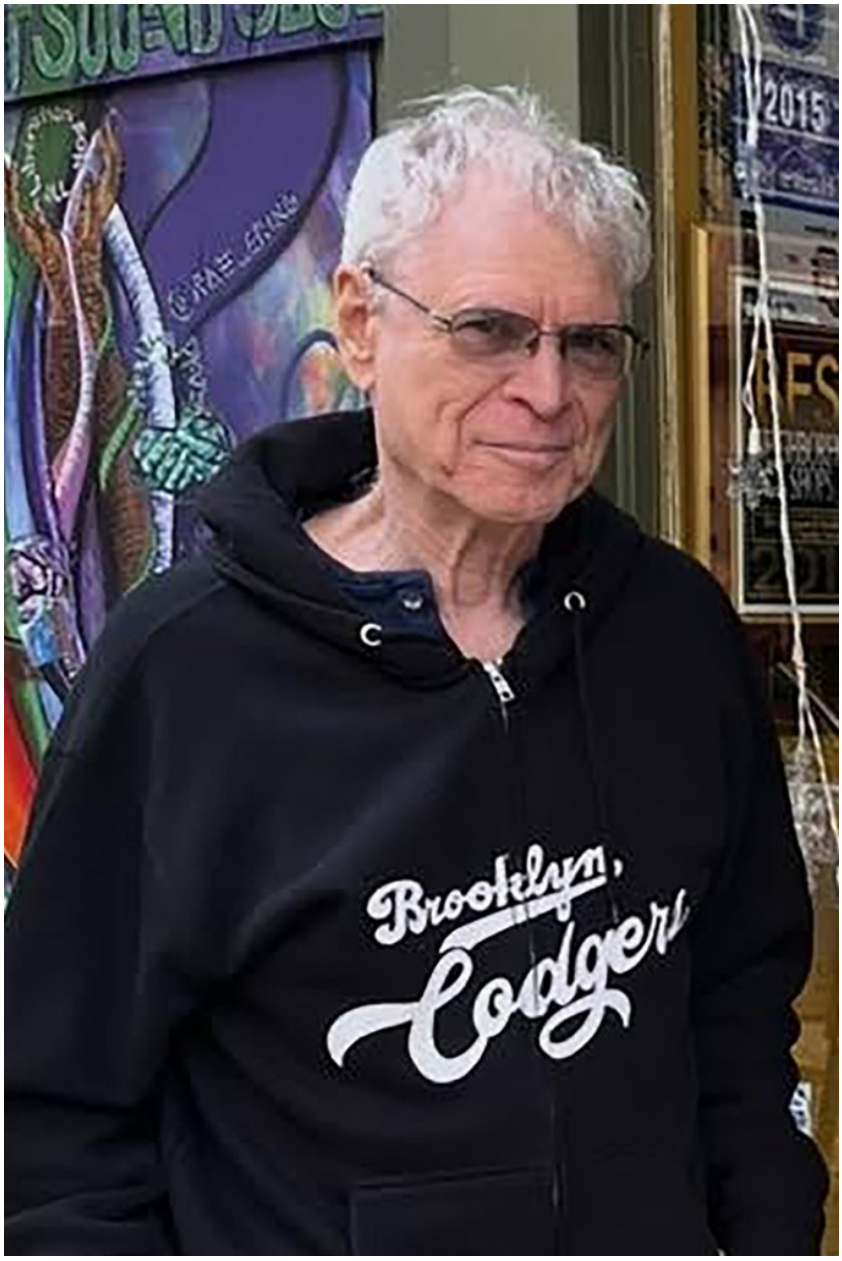
Author: David Forbes (PSFC member)
Genre: Novel – magical realism, literary fiction
When: Wednesday May 27, 2026 – doors open at 6:45 p.m.; the event begins at 7:00 p.m.
Where: Old Stone House, 336 3rd Street, Brooklyn, NY 11215
Format: In-person only
RSVP here >

REVIEWS OF *BROKEN LAND DREAMS*

The journalist Eleanor J. Bader wrote for *The Indypendent*, a review (February 25, 2026) titled, "'Broken Land Dreams' Combines Magical Realism with Satire," with the lede, "A retired high school social worker and disillusioned Brooklynite joins forces with former students and peers to resist the Right in David Forbes' piece of speculative fiction."

The journalist Ava Sharahy wrote for *BK Reader,* a review (February 23, 2026) titled, *A Surreal Brooklyn Story That Covers Politics, Loneliness And Superheroes*: "In his indie

fiction debut, David Forbes delves into today's political turmoil through the lens of magical realism through his book *Broken Land Dreams*."



Courtesy of David Forbes

David Forbes is an Associate Professor Emeritus in the Urban Education Doctoral Program at the CUNY Graduate Center. He taught school counseling in the School of Education at Brooklyn College/CUNY for 19 years. He studied psychology and counseling at the University of Chicago, the New School, and University of California, Berkeley. David teaches and writes on critical and integral approaches to mindfulness within neoliberal society and education and has consulted with the New York City Public

Schools on developing social mindfulness programs. He wrote *Mindfulness and Its Discontents: Education, Self, and Social Transformation* (2019), *Boyz 2 Buddhas: Counseling Urban High School Male Athletes in the Zone* (2004), and *False Fixes: The Cultural Politics of Drugs, Alcohol, and Addictive Relations* (1994). He and Ron Purser co-edited the *Handbook of Mindfulness: Culture, Context, and Social Engagement* (2016).

David's favorite Coop item is aged gouda. David says, "especially when it's cut with just two sides of the rind—ahh."

David has been a Coop member since the early 1980s. Now retired, he recalls his favorite work shift, "I best liked being down in the basement, bagging raisins, nuts et al. We got to play our own CDs—remember them?" David played mandolin with a bluegrass group at a Coop event back in the '80s. David imagines, "My yet to be designed PSFC tee shirt: *Shifts happen."*

David's presentation will be followed by drinks and snacks, courtesy of the Coop. David will be available to sign copies of *Broken Land Dreams*, and he will have copies available to sell. The book can be ordered from any bookstore (distributed by IngramSparks), and online booksellers including amazon.com, barnesandnoble.com, and strandbooks.com.

WordSprouts Mission Statement: to showcase local published writers who are members of the Coop and cultivate friendships between Coop members and our larger community.

To get updates about WordSprouts events, check the Linewaiters' Gazette, sign up for the mailing list at psfcwordsprouts@gmail.com and follow us on Instagram at @foodcoopwordsprouts.

The WordSprouts committee includes committee leader Sarah Schenck and committee members Peter Brosius, Susan Horwich, Ruthie Nachmany, Tamar Nachmany and Rosanna Staffa.

WORDSPROUTS: LEN NEUFELD

May 5, 2026



By Susan Horwich

Come join us for our next WordSprouts event in partnership with the Old Stone House, featuring word artist Len Neufeld.

Len will present selections from his ongoing work *Off The Grid,* begun in 2022 and now encompassing hundreds of pieces that combine verbal and visual art.

WordSprouts is a long-running PSFC author series featuring Coop authors sharing their work and their creative process.

PHOTO COURTESY OF JOSH NEUFELD

OUR NEXT EVENT

Author: Len Neufeld (PSFC member)

Genre: Word art, or visual poetry

When: Wednesday April 29, 2026 (doors open at 6:45 p.m., the event begins at 7:00 p.m.)

Where: Old Stone House, 336 3rd Street, Brooklyn, NY 11215

Format: In-person only

RSVP:

https://www.eventbrite.com/e/wordsprouts-the-park-slope-food-coop-reading-series-tickets-1739929298369

Len will provide each member of the audience with a booklet containing all the pieces he'll be presenting at the event, so everyone can follow along (and can take the booklets home if desired). He'll read some of these pieces aloud; others can't be read aloud but only seen. Len will briefly describe the genesis and structure of each piece and will welcome any and all interruptions in the form of criticisms, questions and/or comments, in hopes of a lively discussion. These unusual works derive from Len's lifelong interest in language and visual art.

In the 1970s, Len self-published four books of his poetry and prose writings. But he then left off creative writing until restarting in 2022 in this new form (each piece is composed in a grid of square cells—hence the title *Off The Grid*). He said, "The constraints and possibilities inherent in this form were important in freeing me to write creatively again."

Len joined the Coop in 1995, and is now retired from his work shift as indexer for the *Linewaiters' Gazette*.

Len's presentation will be followed by questions from the audience and drinks and snacks, courtesy of the Coop.

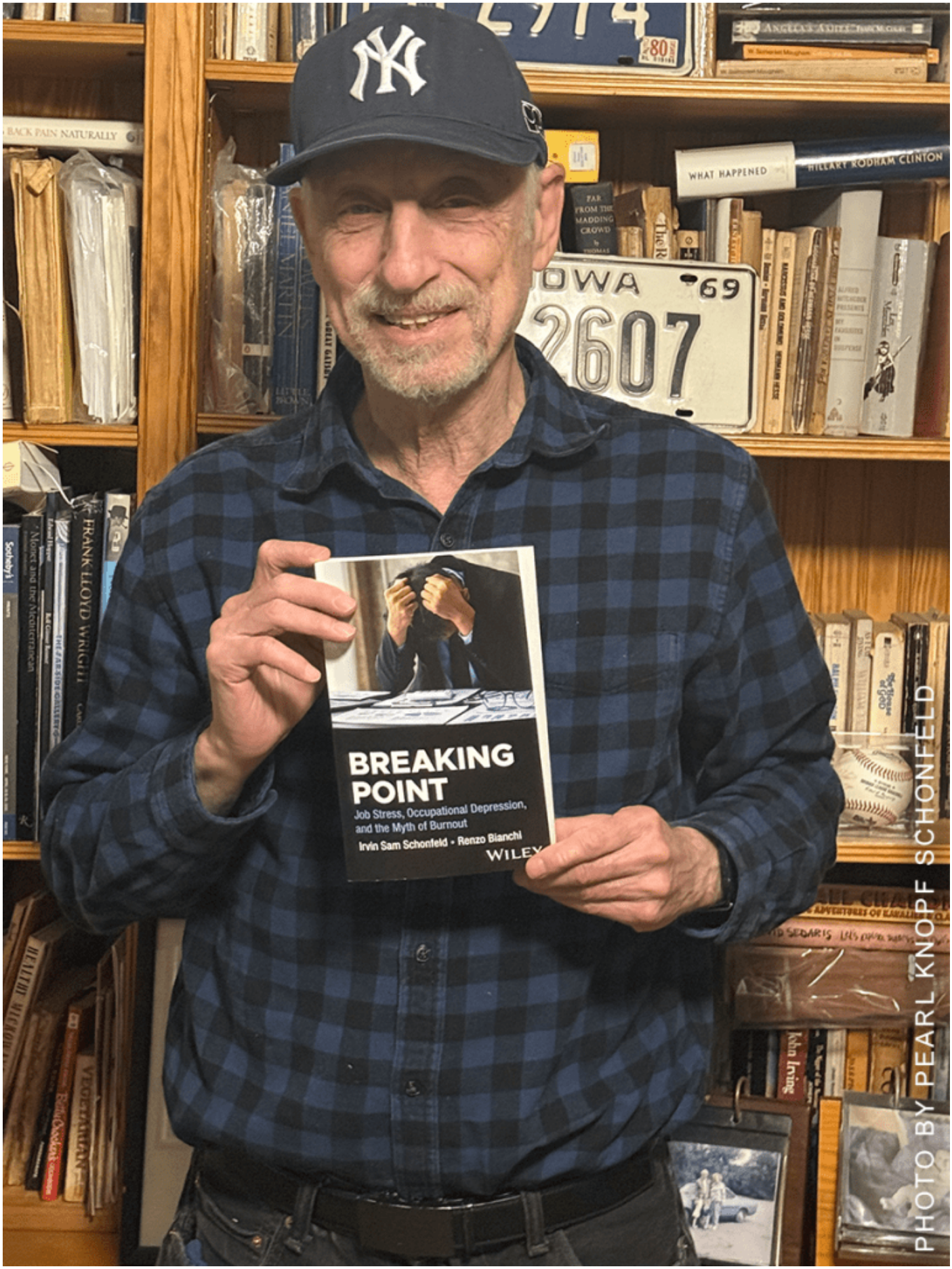
To get updates about WordSprouts events, check the *Linewaiters' Gazette*, sign up for the mailing list at psfcwordsprouts@gmail.com and follow us on Instagram at @food-coopwordsprouts.

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WORDSPROUTS: IRVIN SCHONFELD

May 5, 2026




BREAKING POINT
Job Stress, Occupational Depression, and the Myth of Burnout
Irvin Sam Schonfeld • Renzo Bianchi
WILEY
WHAT HAPPENED
HILLARY RODHAM CLINTON
IOWA '69
2607
PHOTO BY PEARL KNOPF SCHONFELD

Come join us for our next WordSprouts event in partnership with the Old Stone House, featuring psychologist Irvin Schonfeld, PhD, MPH, Professor Emeritus at the City College of New York and the CUNY Graduate Center.

Irvin will present on his most recent book, *Breaking Point: Job Stress, Occupational Depression and the Myth of Burnout* (Wiley, 2025), co-authored with Renzo Bianchi, Professor of Psychology at the Norwegian University of Science and Technology, Trondheim, Norway. Irvin and Renzo take a subversive view of burnout.

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OUR NEXT EVENT

Author: Irvin Schonfeld (PSFC member)

Genre: Nonfiction (Occupational Health Psychology)

When: Wednesday March 25, 2026 – doors open at 6:45 PM; the event begins at 7:00 PM.

Where: Old Stone House, 336 3rd Street, Brooklyn, NY 11215

Format: In-person only

RSVP here.

Irvin and Renzo approach job-related burnout from an angle that is both skeptical and subversive. They co-developed and currently research the Occupational Depression Inventory, and examine the impact of job stressors on people who work (e.g., teachers, civil servants, etc.). They are particularly interested in burnout/depression overlap. Irvin described the research underlined in the book as delineating the impact of toxic

working job conditions on depressive symptoms and how to address the problem.

Irvin's early experience as a math teacher in the New York City public schools influenced his future studies, as he described, "I informally observed that the chaotic, and sometimes violent circumstances of my school had a baleful effect on many of my teacher colleagues, particularly women teachers. These observations contributed to a future line of research I would not have anticipated at the time I was a teacher."

Irvin has been a Coop member since 1978. His favorite item from the Coop is Le Petit Ecolier European Milk Chocolate Cookies. Now retired from the Coop, Irvin's favorite work shift was the early morning FTOP shift when he and his coworkers put out the produce and took the excess to the CHIPS soup kitchen.

Irvin's presentation will be followed by an audience question period. Drinks and snacks will be provided courtesy of the Coop.

Irvin will be available to sign copies of *Breaking Point: Job Stress, Occupational Depression and the Myth of Burnout (Wiley,* 2025*)*, and will have copies available to sell.

Copies can be ordered from Amazon, Barnes & Noble, or from the book's publisher John Wiley & Sons.

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WORDSPROUTS: JOE DOLCE

May 5, 2026



By Sarah Schenck

Come join us for our next WordSprouts event in partnership with the Old Stone House, featuring author Joe Dolce.

Joe will read from his new book, *Modern Psychedelics: The Handbook for Mindful Exploration.*

Wordsprouts:

The Park Slope Food Coop Author Series presents:



Joe Dolce

Join us to hear Joe Dolce speak about his new book **Modern Psychedelics, The Handbook for Mindful Exploration.**

As one reviewer puts it, "Dolce has created something for three distinct audiences: experienced travelers seeking new insights, 'infrequent flyers' wanting more skillful use, and the 'psychedelic curious' who need guidance."

Books will be available for purchase, and coop snacks will be served!

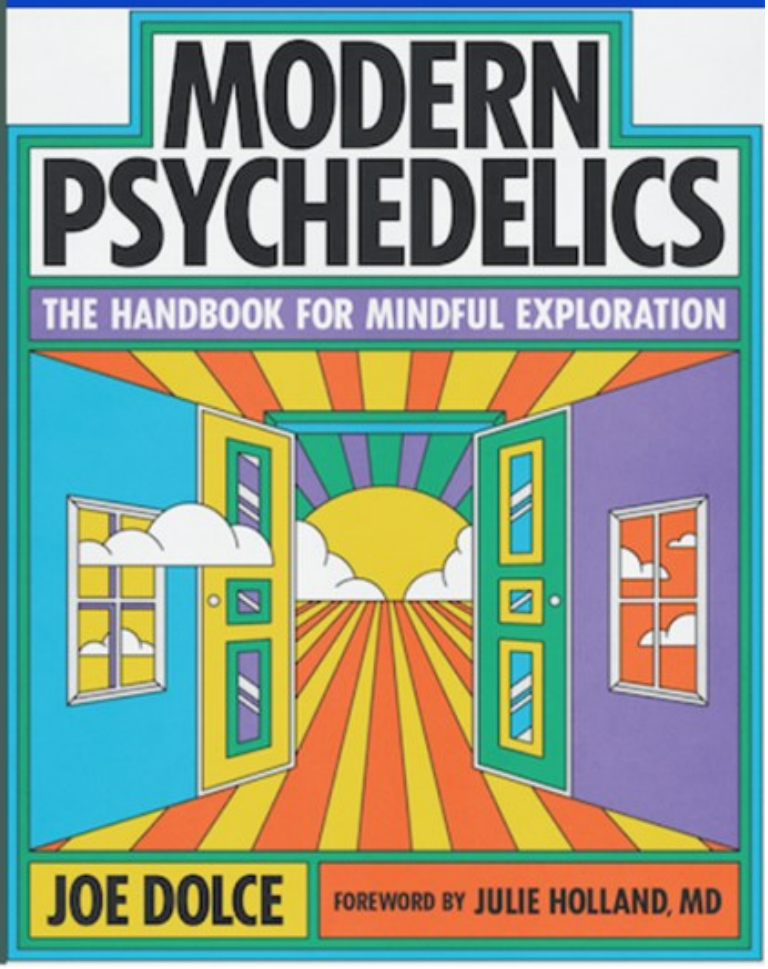
Wednesday November 19, 2025

Doors: 6:45pm
Start time: 7pm

Old Stone House
336 3rd Street, Brooklyn

RSVP:
bit.ly/november-wordsprouts

All events are free and open to all!



Courtesy of Joe Dolce
WordSprouts is a long-running PSFC author series featuring Coop authors sharing their work and creative process.

Our next event:

Author: Joe Dolce (PSFC member)
Literary Genre: Mind Body Spirit/Wellness/Science
When: Wednesday, November 19, 2025—doors open at 6:45 p.m., event begins at 7:00 p.m.
Where: Old Stone House, 336 3rd Street, Brooklyn, NY 11215
Format: In-person only (no recording)

RSVP:

https://www.eventbrite.com/e/joe-dolce-at-wordsprouts-the-park-slope-food-coop-reading-series-tickets-1413978962139?aff=oddtdtcreator
Joe Dolce is a journalist and the former editor-in-chief of *Details* Magazine. He is also the author of *Brave New Weed: Adventures into the Uncharted World of Cannabis* and CEO of Joe Dolce Communications, one of the premier presentation and media training companies in New York City. He lives in Brooklyn, New York.

As one reviewer put it, "*Modern Psychedelics*, the handbook we've been missing, the bridge between Michael Pollan's brilliant journalism and the practical reality of people actually using these substances. Where Pollan opened the door with *How to Change Your Mind*, Dolce provides the roadmap for what comes next: how to make informed decisions about psychedelics—and so much more. Dolce has created something for three distinct audiences: experienced travelers seeking new insights, "infrequent flyers" wanting more skillful use, and the "psychedelic curious" who need guidance.

Regarding his favorite Coop shift, Joe says: "I'm shift-fluid. When I'm tired, I like cashier; when I'm energetic, unloading trucks doubles as a workout. When I'm frazzled,

packing cheese and nuts is soothing.”

Joe’s presentation will be followed by questions from the audience, and drinks and snacks courtesy of the Coop.

The book will be available for purchase at the event for $24.99 plus tax, or can be ordered from several online booksellers, including Amazon and Hachette.

To get updates about WordSprouts events, check the Linewaiters’ Gazette*, sign up for the mailing list at psfcwordsprouts@gmail.com and follow us on Instagram at @foodcoopwordsprouts*.

WordSprouts’s committee includes committee leader Sarah Schenck and committee members Susan Horwich and Ruthy Nachmany.

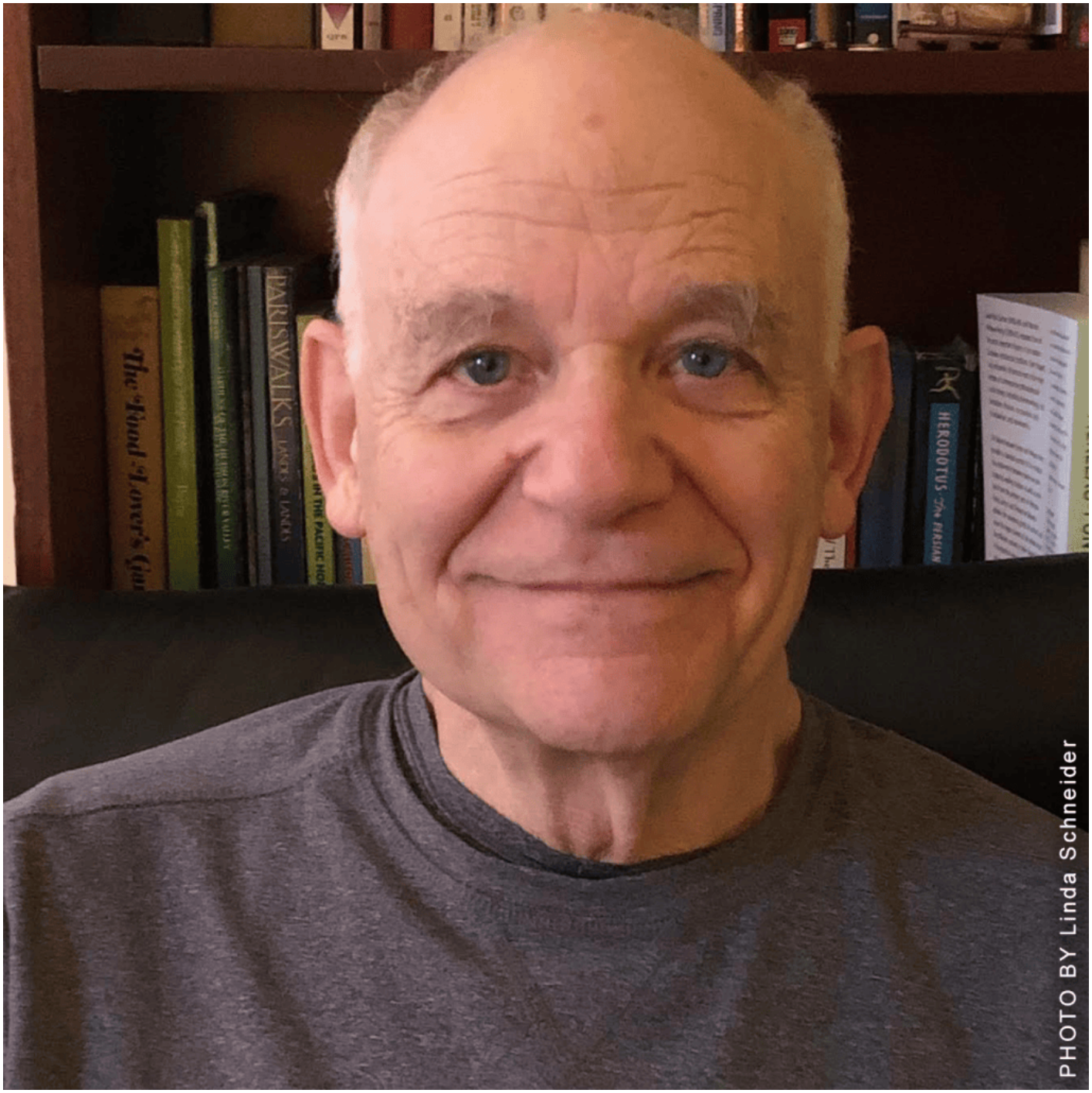
WORDSPROUTS: PETER SCHNEIDER

May 5, 2026



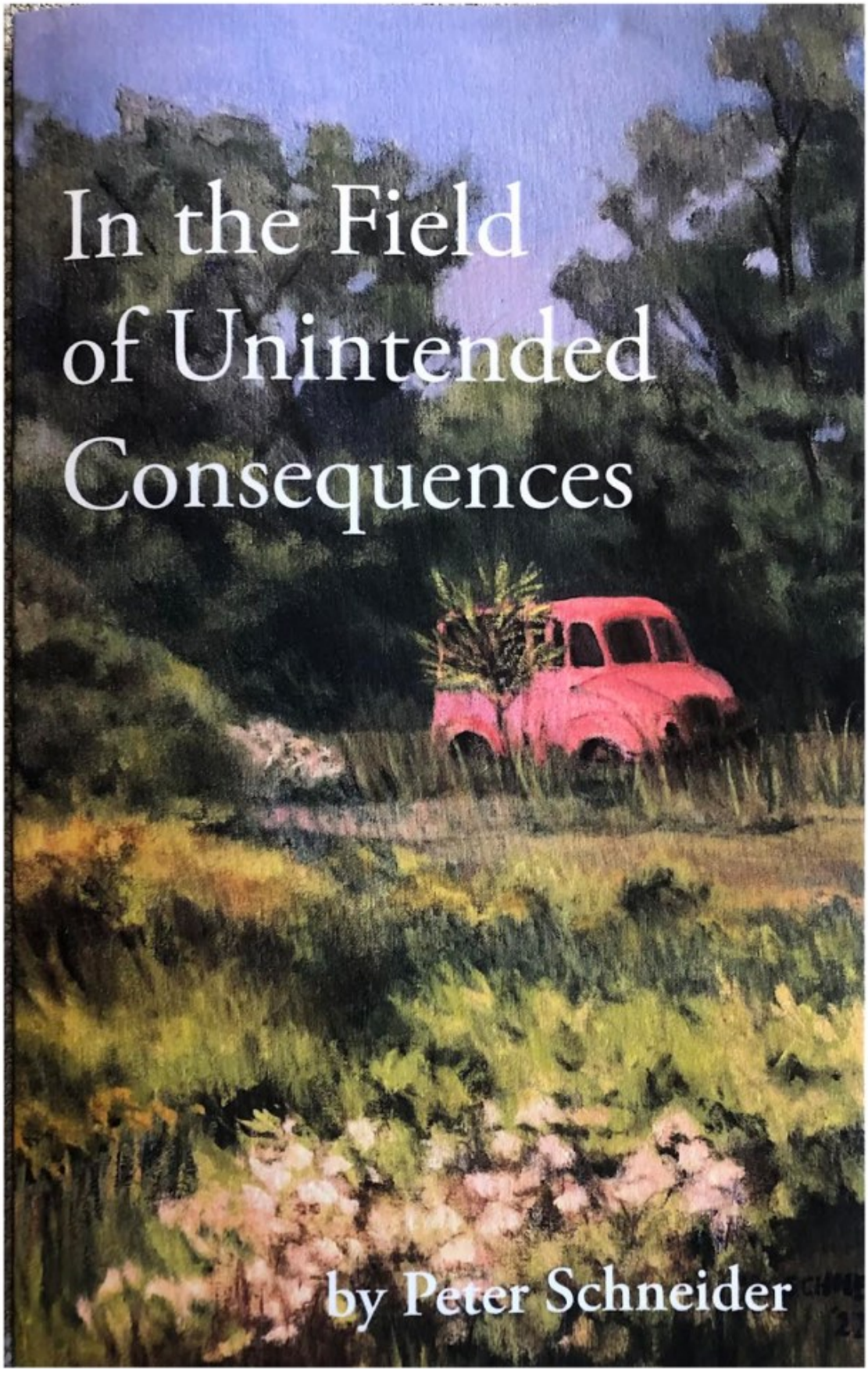
October 7, 2025

By Susan Horwich



Come join us for our next WordSprouts' event in partnership with the Old Stone House, featuring poet Peter Schneider.

Peter will read from his debut collection, *The Map is Not the Territory* (Anaphora Press, 2018), and his most recent publication, *In the Field of Unintended Consequences* (Pb&j Books, 2023). In addition, Peter will share new work.



Anaphora Literary Press

WordSprouts is a long-running PSFC author series featuring Coop authors sharing their work and creative process.

Our next event:

Author: Peter Schneider (PSFC member)

Literary Genre: Poetry

When: Wednesday, October 29, 2025—doors open at 6:45 p.m., event begins at 7 p.m.

Where: Old Stone House, 336 3rd Street, Brooklyn, NY 11215

Format: In-person only (no recording)

RSVP:

https://www.eventbrite.com/e/wordsprouts-the-park-slope-food-coop-reading-series-tickets-1413999042199?aff=oddtdtcreator
The American poet, scholar and artist Maya Pindyck reviewed Peter's poetry for Anaphora Press, saying:

"The poems explore states of consciousness triggered by the author's connections to the land where he resides in Central Vermont and the cityscapes that he is intimate with in Brooklyn, New York. They are also informed by his long-time practices of zazen meditation and t'ai chi and his ongoing study of Western and Eastern philosophy and psychology."

"Awake and in love with the natural world, these poems merge psychological and spiritual landscapes with rivers, trees, and seasons in vital ways. Schneider's poems are rooted and moving, lingering in and traveling through American towns, flowers, hu-

man bodies, and philosophies. With exactitude and vastness, the poems speak to the beautiful strangeness of ordinary things while keeping a sly grin: ‘Refuge is swaying / side to side leaning over / on one’s black cushion / to cut a loud fart.’ We need these grounded, funny, wise and open poems in the world. They show us the vibrancy of a ‘gray winter morning’ for the first time all over again.”

Peter Schneider has been a Coop member since 2009. He is a poet, recovering philosopher and psychotherapist. Retired from his therapy practice, he splits his time between Brooklyn, NY, and Rochester, VT. His poems have appeared in a number of literary journals. His MFA is from Columbia University and his PhD is in clinical psychology from New York University. His favorite snack from the Coop is Humboldt Fog cheese. Now retired from the Coop, he misses the raucous camaraderie of the cheese squad in the basement.

Peter’s presentation will be followed by questions from the audience and drinks and snacks (including Humboldt Fog cheese) courtesy of the Coop.

Peter will be available to sign copies of both *The Map is Not the Territory* (Anaphora Press, 2018), and *In the Field of Unintended Consequences* (Pb&j Books, 2023), and will have copies available to sell.

Both books can be ordered from several online booksellers, including amazon.com and walmart.com.

To get updates about WordSprouts events, check the *Linewaiters’ Gazette,* sign up for the mailing list at psfcwordsprouts@gmail.com and follow us on Instagram at @foodcoopwordsprouts.

WordSprouts’ committee includes committee leader Sarah Schenck and committee members Susan Horwich and Ruthy Nachmany.

WORDSPROUTS: CARINA FINN

May 5, 2026



September 16, 2025

By Susan Horwich

Please join us for the sixth installment of our newly revived WordSprouts program in partnership with the Old Stone House.

WordSprouts is a long-running PSFC author series, where Coop authors share thoughts about their works and process. To get updates about WordSprouts events, check the *Linewaiters' Gazette* or sign up for the WordSprouts mailing list at psfcword-sprouts@gmail.com.

Our next event:
Speaker: Carina Finn (PSFC member)

Literary Genre: Fantasy

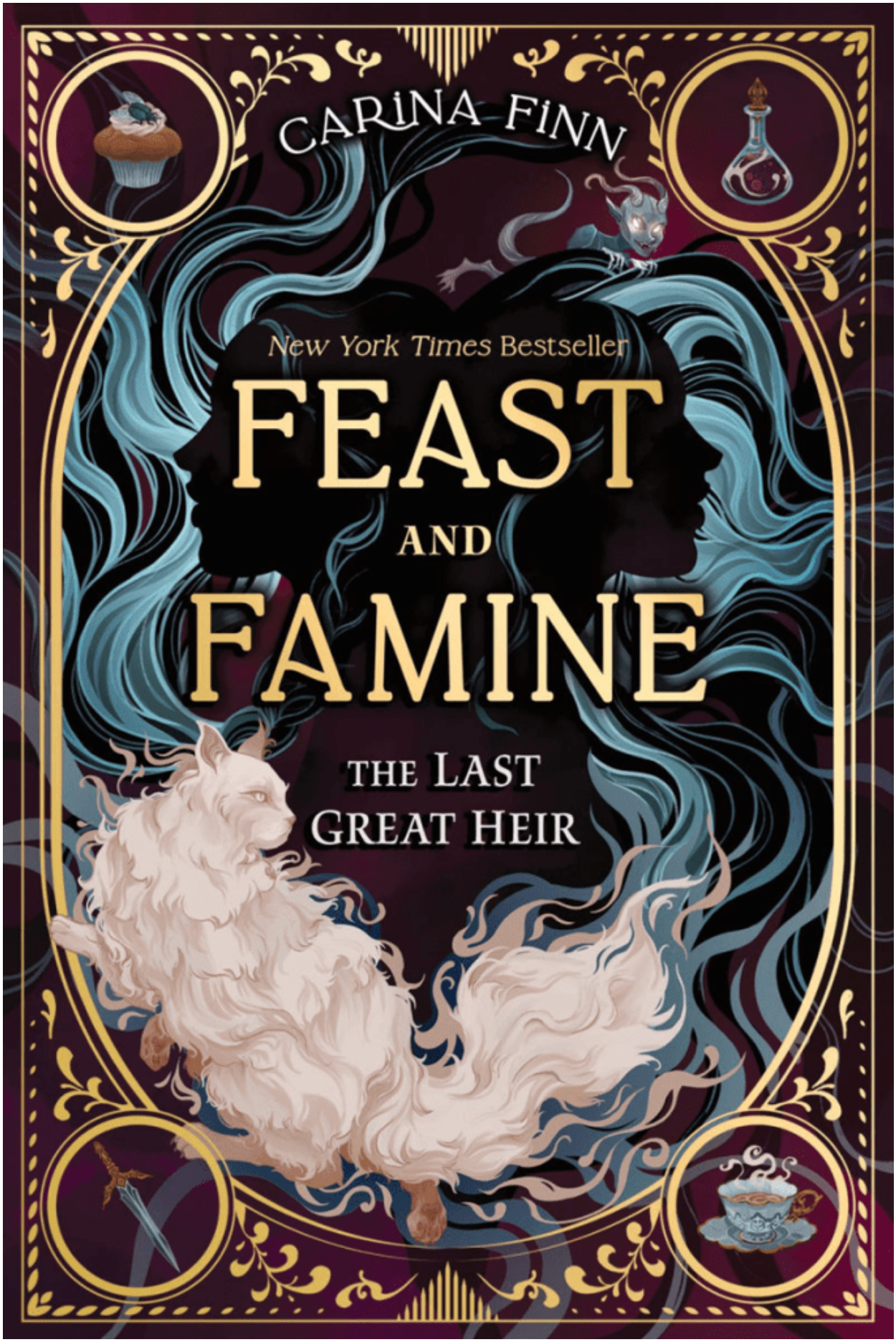
PHOTO BY THEIK SMITH

When: Wednesday, September 24, 2025 — doors open at 6:45 p.m., event begins at 7:00 p.m.
Where: Old Stone House, 336 3rd Street, Brooklyn, NY 11215

RSVP: https://www.eventbrite.com/e/wordsprouts-the-park-slope-food-coop-reading-series-tickets-1413975582029?aff=oddtdtcreator

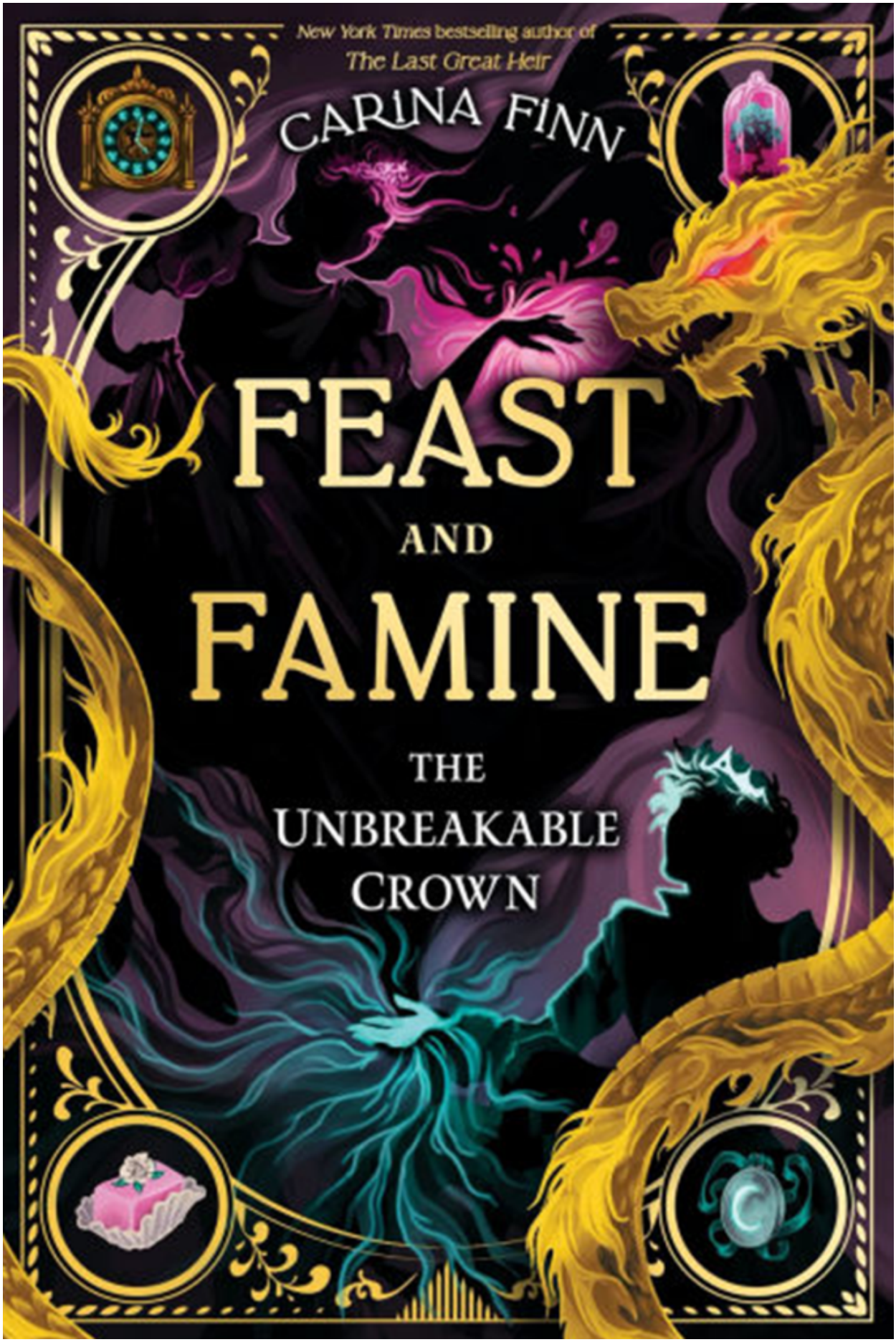
Carina will read aloud from her newly published book, *Feast and Famine: The Last Great Heir* (Sourcebooks, 2025). *Feast and Famine* is a middle-grade fantasy series targeted toward ages 9-13 but designed to be enjoyed by readers of all ages!

In the first two chapters of *Feast and Famine: The Last Great Heir,* which is set in a magical kingdom, the reader is introduced to Rue and then Merri—two 12-year-old girls who are faced with challenges that a reader of any age, gender or culture can relate to.


CARINA FINN
New York Times Bestseller
FEAST
AND
FAMINE
THE LAST
GREAT HEIR

In the book, Carina includes a recipe for Fauret Patisserie's Famous Cream Puffs, which will be the "highlight" snack served at the WordSprouts event.

In her Acknowledgements, Carina concludes with an encouraging note to the reader: "And finally, thank you, reader. I hope you've had fun ramping around with Merri and Rue, but most of all, I hope it made you want to invent your own world to wander."


New York Times bestselling author of
The Last Great Heir
CARINA FINN
FEAST
AND
FAMINE
THE
UNBREAKABLE
CROWN

Carina Finn is a food-obsessed writer, editor and content creator. Her debut middle--grade novel, *Feast and Famine: The Last Great Heir*, became an instant *New York Times* bestseller. She has written for numerous publications, including *Bon Appétit, Epicurious, Food Network Magazine, Eater, Bustle* and others. She splits her time between Brooklyn and upstate New York and loves sharing her adventures in cooking, eating and writing on social media. Find her everywhere on the internet at @sheneedsasnack. Carina is most active on Instagram, TikTok, and Substack.

Carina's favorite Coop snack is Kona Cashews! Carina said about her favorite Coop shift: "I love working checkout because it's fascinating to see how other people shop, and I always discover new things I didn't know we sold."

Carina's presentation will be followed by questions from the audience and drinks and snacks courtesy of the Coop (don't miss Fauret Patisserie's Famous Cream Puffs!). Carina will be available to sign copies of *Feast and Famine: The Last Great Heir,* and she will bring some copies to sell. The book is available at Barnes & Noble, Amazon, as well as other booksellers. The second book in the series, *Feast and Famine: The Unbreakable Crown* can be pre-ordered (2/3/26 release date) at Barnes & Noble and Amazon.

WordSprouts Mission Statement: to showcase local writers who are members of the Coop and cultivate friendships between Coop members and our larger community.

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